



**Lieutenant Colonel Raissa (Rais) O. Sanchez**  
**Houston Recruiting Battalion**

Lieutenant Colonel Rais Sanchez was born in Manila, Philippines and later immigrated to Fort Lauderdale, Florida. She received her commission in 2004 through ROTC after serving four years as an enlisted Soldier in the Army Reserves. Her education includes a Bachelor of Arts degree in Psychology and a Criminal Profiling Certification from the University of Central Florida, as well as a Master of Arts Degree in Business and Organizational Security Management from Webster University.

As a Military Police Officer, LTC Sanchez has led Service Members, Civilians, and Contractors from across the joint services at the platoon through geographic combatant command levels, including assignments with the 410th Military Police Company, Fort Hood, Texas; 4th Brigade Combat Team, 4th Infantry Division, Fort Carson, Colorado; Military Police Branch, Human Resources Command, Fort Knox, Kentucky; 18th Military Police Brigade, Vilseck, Germany; and the Operations Directorate at U.S. Indo-Pacific Command, Camp Smith, Hawaii.

LTC Sanchez deployed to Baghdad, Iraq as a Company Executive Officer in the 410th Military Police Company in support of Operation Iraqi Freedom. She also deployed to Jalalabad, Afghanistan as the Brigade Provost Marshal for the 4th Brigade Combat Team and Company Commander of Headquarters and Headquarters Company, 4th Special Troops Battalion.

As an Olmsted Scholar, she studied International Relations at the University of Lisbon and served in an internship as the Army Security Cooperation Officer in the U.S. Embassy to Portugal.

Her awards and decorations include two Bronze Star Medals, the Defense Meritorious Service Medal, three Meritorious Service Medals, two Joint Service Commendation Medals, two Army Commendation Medals, the Army Achievement Medal, and the German Armed Forces Efficiency Badge (Gold Award). LTC Sanchez is also a recipient of the Order of the Marechaussee (Bronze Award).

She is married to Sergeant Major (Retired) Megan Friend.